

## OSCE Checklist: Examination of a Neck Lump

<b>Introduction</b>	
Introduce yourself	
Wash hands	
Briefly explain to the patient what the examination involves	
<b>Inspection</b>	
Ensure adequate exposure and the patient is looking straight ahead	
At rest: <ul style="list-style-type: none"> <li>- Obvious lumps</li> <li>- Scars or skin changes</li> </ul>	
If mass noted at rest: <ul style="list-style-type: none"> <li>- Ask patient to stick tongue out</li> <li>- Ask patient to swallow</li> </ul>	
<b>Palpate</b>	
Lymph nodes <ul style="list-style-type: none"> <li>- Submental, Submandibular, Pre-auricular, Anterior Cervical, Supraclavicular, Posterior Cervical, Post-Auricular, and Occipital</li> </ul>	
Parotid gland	
Submandibular gland	
Thyroid gland	
<b>Completing the examination</b>	
Thank the patient	
To complete the examination: <ul style="list-style-type: none"> <li>- US scan and FNA of any lump identified (unless pulsatile)</li> <li>- An examination of the temporomandibular joint</li> </ul>	