

OSCE Checklist: Examination of the Groin

Introduction	
Introduce yourself	
Wash hands	
Briefly explain to the patient what the examination involves	
Ensure verbal consent is adequately obtained	
Offer a chaperone	
Observation	
Assess from anterior and lateral views, on both sides	
Ask the patient to cough	
Palpation	
If there is an obvious lump, remember to tell the patient exactly what are you doing throughout.	
Palpate the lump for: <ul style="list-style-type: none"> - Consistency? - Cough impulse? - Reducible? - Pulsatile? - Palpate below it? Extension into scrotum? 	
If you suspect a hernia, relation to the pubic tubercle?	
Repeat the examination for the other side	
Ask the patient to lie down, observe for reduction	
Completing the Examination	
Thank the patient and allow to redress	
To complete the examination: <ul style="list-style-type: none"> - External genitalia 	