OSCE Checklist: Varicose Vein Examination

Introduction	
Introduce yourself	
Wash hands	
Briefly explain to the patient what the examination involves	
Inspection	
- Scars indicating previous surgery	
- Varicose eczema	
- Haemosiderin staining or atrophie blanche	
- Ulceration	
- Lipodermatosclerosis	
Inspect for obvious varicosities	
Check for signs of arterial or neuropathic disease	
Palpation	
Perform the cough test	
Feel for any saphena varix	
Percussion	
Perform the tap test (if obvious varicosities present)	
Special Tests	
Trendelenburg's test	
Perthe's test	
Completing the Examination	
Thank the patient and allow them to redress	
To complete the examination:	
- Doppler Ultrasound Scan	
- Peripheral Vascular Examination	

