## OSCE Checklist: Examination of the Groin

### Introduction
- Introduce yourself
- Wash hands
- Briefly explain to the patient what the examination involves
- Ensure verbal consent is adequately obtained
- Offer a chaperone

### Observation
- Assess from anterior and lateral views, on both sides
- Ask the patient to cough

### Palpation
- If there is an obvious lump, remember to tell the patient exactly what you are doing throughout.
- Palpate the lump for:
  - Consistency?
  - Cough impulse?
  - Reducible?
  - Pulsatile?
  - Palpate below it? Extension into scrotum?
- If you suspect a hernia, relation to the pubic tubercle?
- Repeat the examination for the other side
- Ask the patient to lie down, observe for reduction

### Completing the Examination
- Thank the patient and allow to redress
- To complete the examination:
  - External genitalia