# OSCE Checklist: Examination of the Nose

<table>
<thead>
<tr>
<th>Introduction</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduce yourself</td>
<td></td>
</tr>
<tr>
<td>Wash hands</td>
<td></td>
</tr>
<tr>
<td>Briefly explain to the patient what the examination involves</td>
<td></td>
</tr>
<tr>
<td>Ask the patient to remove any spectacles</td>
<td></td>
</tr>
</tbody>
</table>

## External Nose

- Inspection, anteriorly and laterally:
  - Size and shape
  - Obvious swellings or deformity
  - Scars or skin changes
  - Redness or discharge
- Inspect anterior nares (using a pen torch or otoscope if necessary)

## Nasal Cavity

- Use nasal thudichum to gently open up the nose
- Inspect nasal septum (medial)
- Inspect turbinates (lateral)
- Examine remainder of nasal cavity

## Completing the Examination

- Thank the patient
- To complete the examination:
  - Examination of palate
  - Nasoendoscopy