

OSCE Checklist: Examination of the Nose

Introduction	
Introduce yourself	
Wash hands	
Briefly explain to the patient what the examination involves	
Ask the patient to remove any spectacles	
External Nose	
Inspection, anteriorly and laterally: <ul style="list-style-type: none"> - Size and shape - Obvious swellings or deformity - Scars or skin changes - Redness or discharge 	
Inspect anterior nares (using a pen torch or otoscope if necessary)	
Nasal Cavity	
Use nasal thudichum to gently open up the nose	
Inspect nasal septum (medial)	
Inspect turbinates (lateral)	
Examine remainder of nasal cavity	
Completing the Examination	
Thank the patient	
To complete the examination: <ul style="list-style-type: none"> - Examination of palate - Nasoendoscopy 	