## OSCE Checklist: The Respiratory Examination

### Introduction
- Introduce yourself
- Wash hands
- Briefly explain to the patient what the examination involves
- Position the patient at 45 degrees

### General Inspection
- Respiratory distress
- Pain
- Cachetic

### The Hand and Arm
- Tar staining
- Clubbing

### The Neck and Face
#### Jugular Venous Pressure
- Palpate the lymph nodes:
  - Submental, Submandibular, Pre-auricular, Anterior Cervical, Supraclavicular, Posterior Cervical, Post-auricular and Occipital
- Assess:
  - Conjunctivae
  - Lips
  - Under the tongue

### Examining the Chest
- Expose the patient's chest
- Check for:
  - Scars or skin changes
  - Chest wall deformity or scoliosis
  - Asymmetrical chest movements
- Trachea
- Apex beat
- Chest expansion (anterior chest)
- Percussion (anterior chest)
- Auscultate (anterior chest)
- Vocal resonance (anterior chest)
- Repeat all for posterior wall
<table>
<thead>
<tr>
<th>The Rest of the Examination</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assess for:</td>
</tr>
<tr>
<td>- Ankle oedema</td>
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<tr>
<td>- Calf tenderness</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Completing the Examination</th>
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<tbody>
<tr>
<td>Thank the patient</td>
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<tr>
<td>To complete the examination:</td>
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<tr>
<td>- Peak flow measurement</td>
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<tr>
<td>- Sputum Sample</td>
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<tr>
<td>- Temperature Measurement</td>
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</tbody>
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