

OSCE Checklist: The Renal Examination

Introduction	
Introduce yourself	
Wash hands	
Briefly explain to the patient what the examination involves	
Position the patient flat	
General Inspection	
Assess the patient from the end of the bed <ul style="list-style-type: none"> - Catheter or dialysis bags - Bruising, uraemia tinge, scratch marks, or vasculitic rashes - Alternative vascular access orts 	
The Hands and Arms	
Peripheral stigmata of vasculitides or anaemia	
Assess: <ul style="list-style-type: none"> - Skin turgor - Capillary refill time 	
Check temperature	
Assess the radial pulse <ul style="list-style-type: none"> - Rate - Volume 	
Neck and Face	
Assess the JVP	
Examine the eyes for <ul style="list-style-type: none"> - Corneal arcus or xanthlasma - pale conjunctivae 	
Assess the mucuos membranes	
Chest and Abdomen	
Auscultate: <ul style="list-style-type: none"> - Heart sounds - Lung bases 	
Palpate for sacral oedema	
Inspect the abdomen <ul style="list-style-type: none"> - Scars - Masses - Distension 	
Palpate the abdomen, specifically noting	

<ul style="list-style-type: none"> - Flank tenderness - Distended bladder - Ballot the kidneys 	
Percuss the abdomen <ul style="list-style-type: none"> - Ascites - Distended bladder 	
Auscultate for renal bruits	
The Legs	
Assess for peripheral oedema	
Completing the Examination	
Thank the patient	
To complete the examination: <ul style="list-style-type: none"> - Blood pressure (lying and sitting/standing) in both arms - Digital Rectal Examination - Urine dipstick - Fundoscopy 	