

OSCE Checklist: Examination of the Elbow Joint

Introduction	
Introduce yourself	
Wash hands	
Briefly explain to the patient what the examination involves	
Ask the patient to expose their upper limbs fully	
Inspection	
Look anterior, lateral, and posterior <ul style="list-style-type: none"> - Asymmetry or deformity - Scars, swellings, or skin changes 	
Palpate	
Temperature	
Bone and joint palpation for: <ul style="list-style-type: none"> - Biceps tendon - Extensor muscle bulk - Radial head - Lateral epicondyle - Olecranon - Medial epicondyle - Flexor muscle bulk 	
Movement	
Active movements <ul style="list-style-type: none"> - Flexion and extension - Pronation and supination 	
Special Tests	
Lateral Epicondylitis test	
Medial Epicondylitis test	
Completing the examination	
Thank the patient	
To complete the examination: <ul style="list-style-type: none"> - Examine the shoulder joint and wrist joint - Examine the contralateral elbow - Review any relevant imaging available 	